Drowning in Debt? Reach Out!



ACCUSED KILLER TO UNDERGO TESTS PSYCHIATRIC EXAMS ORDERED (page 4)



FRESH'
EVA TELLS METRO
ABOUT HER NEW
VENTURE (page 15)



metre etre

Thursday, October 21, 2010 www.metronews.ca



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Victim's friend: 'I hope he rots'

▶ Police formed human barrier between loved ones, Williams as they read victim impact statements ▶ Letters Williams wrote to victims, families released to public

Col. Russell Williams is being described as "evil, pure evil." Those words are from Andy Lloyd, whose sister Jessica was brutally raped and murdered by Williams.

In delivering his victim impact statement to a Belleville, Ont., courtroom, Lloyd said his father — who spent 25 years in the navy — would have been "mortified" to learn that his daughter's killer was a military commander.

Lloyd's father died of cancer when she was 14, 13 years before Williams took the woman captive, raped her repeatedly, and murdered her earlier this year.

Williams has been convicted of two counts of first-degree murder in the killings of Lloyd, 27, and Cpl. Marie-France Comeau, 37, and dozens of other charges, including sexual assaults.

One woman, who described herself as

Lloyd's best friend, said the acts caused her to question her faith in the military and God. "I hope he rots," said another friend. In a handwritten letter penned just af-

In a handwritten letter penned just after confessing to police, Williams apologized to Lloyd's mother. He wrote that the young woman loved her mother very much, adding he knows because she "told me so again and again." THE CANADIAN PRESS MORE COVERAGE, PAGE 10

Homes

We're your renovation destination

◆ Metro presents the best new options for your home reno ◆ Product ideas from flooring to ceiling lights ◆ Build an ecofriendly basement {8-page insert}

Court sentences double drunk driver

Woman given three years probation {page 3}



Give your fall style a kick

Take the latest crop of boots for a jump in the leaves {page 20}

Province sees a little clearer

N.S. becomes last province to cover vision-loss drug {page 6}



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No 'conspiracy theory': Estabrooks

Bill Estabrooks said suggestions the province is trying to sabotage the trade centre project for downtown Halifax with an aggressive ask to the mu-

nicipality are "absurd."
"That's ridiculous," said Estabrooks, the minister charged with handling the trade centre file. "I see this project, that I'm finally allowed to talk about publicly, as a great opportunity for Halifax, for Nova Scotia, for Atlantic Canada ... there's no conspiracy theory here, that's just ridicu-

Halifax regional council was told the conditions of the province's support of the project Tuesday. They include a property tax ex-emption for the trade centre, which may cost the municipality up to \$1.2 million a year, as well as a resolution on the current which the

province suggested the municipality should buy.

That had some councillors questioning the sincerity of the province's support for the project, which Premier Darrell Dexter announced on Oct. 13.

While Estabrooks said he wouldn't call the bid aggressive, he did admit it represents the current financial status of the province.

"As a government that's

dealing with some of the financial situations that we've faced ... we're certainly asserting the fact that we have some clear expectations," he said.

"I don't think at this stage we can call them unfair from my perspective. They're clear, they're concise and they're laid out there as we continue negotiations. That's part of the negotiation process.'

@ ALEX BOUTILIER





Probation for double drunk driver

She has two prior convictions for drinking and driving, in '90 and '01



woman convicted of drinking and driving twice in one day was handed three years probation yesterday.

At 8:40 a.m. on Jan. 5, Diedra Fougere was involved in a minor accident on Regency Drive. She blew 1.30 and 1.20 in two breathalyzer tests.

Then, 10 hours later, police responded to reports of someone driving erratically. The officer noted Fougere had a blank look in her eyes, slurred speech and couldn't stand up without assistance. She refused a breathalyzer.

Fougere appeared at her sentencing yesterday telling the court she had been sober for over four years before the January incident. Losing her job and low self-

"(This sentence) is only done in rare cases so I hope you make use of this opportunity." JUDGE BARBARA BEACH

esteem led to depression and a relapse, she said.

But now Fougere said she attends at least four Alcoholics Anonymous meetings a week, has a part-time job helping seniors and plans to go to school.

"I'm glad no one was hurt," she said.

Judge Barbara Beach said ordinarily Fougere would be getting jail time, but Beach said she was im-pressed with Fougere's efforts since her relapse.

The curative discharge means Fougere is not allowed to have drugs or alcohol, or drive for three years. She must also come back to court in May for an update.





News on the move

- Download the free ScanLife application with your smartphone at 2dscan.com
- content at m.metronews.ca

On the web at metronews.ca Allan Small on

where to invest if you want to catch companies late to the market rebound party. More at metronews.ca/ investing





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Accused to undergo mental assessment

• Glen Race's court proceeding took place in Bridgewater, but Dartmouth court to hear case

A Halifax man extradited from the United States to face two murder charges in Nova Scotia will undergo psychiatric assessments to determine whether he is fit to stand trial and if he was mentally competent at the time of the alleged offences.

Glen Race made a brief appearance yesterday in provincial court in Bridgewater to face first-degree murder charges in the deaths of Michael Knott and Trevor Brewster, whose bodies were found dumped in secluded locations in May 2007.

Race was brought back to his native province on Friday from the U.S., where he is serving a life sentence in the murder of an upstate New York man.

Defence lawyer Joel Pink said he expects the

Old diagnosis

- Attorney Joel Pink said at Glen Race's U.S. murder trial, the defence lawyer didn't use the defence of insanity — even though there was a Canadian diagnosis that Race had
- paranoid schizophrenia.

 Pink said he believed the trial in Canada would be very different than the U.S. because it will focus on Race's competency, which could influence his plea.

court will consider Race's paranoid schizophrenia in dealing with the case.

"The purpose here is to have a finding that he was not criminally responsible and to get the necessary treatment that he deserves here in Canada," Pink outside court.



Race may ultimately be returned to U.S.

Crown lawyer Denise Smith said outside court yesterday the extradition agreement with the U.S. requires Glen Race be returned to New York state, whatever the result of the Canadian legal process.

"Under the extradition process we obtained an order from the Supreme Court of Nova Scotia ... an order of temporary surrender, which says that within 45 days of these proceedings ending Mr. Race will be returned to the United States to serve the rest of his sentence there." she said.

there," she said.
Race's defence lawyer
Joel Pink said it's unclear
if that agreement is enforceable.

"It may very well be that we will retain an expert on extradition to take a look at this. I suspect that Glen Race does have rights under the Charter of Rights."

Race was bearded, had



closely cropped hair and wore what appeared to be prison-issued clothing during his court appearance. He did not speak as he followed the proceedings

Pink said his client was receiving injections of anti-psychosis medicines in the U.S. jail where he was incarcerated, and his treatments will continue at a forensic unit in Halifax

THE CANADIAN PRESS

Rare warning

- The deaths in May 2007 made national headlines in part because it prompted a rare warning from police that people should use caution in areas where gay men cruise for sex.
- Race travelled across the border to Maine shortly after, and on May 10, 2007, killed Darcy Manor of Moners, N.Y.

Woman puzzled over police search of her property in relation to missing biker

The woman who owns the Onslow Mountain property police have been searching for the past week said she didn't know former Hells Angel Randy Mersereau.

Angel Randy Mersereau.

"What I know, I've learned from media reports and Google since this happened," Vangie Beal

said in an email.

The RCMP continues to comb her Peppard Drive property in connection with the disappearance of Mersereau, who was last seen on Oct. 31, 1999.

At that time the registered owner was Stacey MacLeod. Beal moved to Onslow Mountain at the end of 2001.

Beal, who lives there with her two children, said she was "shocked" when police arrived last Wednesday night with a warrant to search the home and property.

TRURO DAILY NEWS

Search

The Mounties have been at the Onslow Mountain property for a week and said yesterday they anticipate being there until at least Friday.

Police investigating Dartmouth break-ins

Halifax Regional Police are reminding residents to take proper precautions when going away after seven break-ins or break-in attempts took place in the east end of Dartmouth last weekend.

Police say in most of these cases, the occupants were not at home when the incidents took place.

The break-ins took place around the area of Topsail Boulevard, Clysdale Drive, Regal Road and Bayswater Road

Smaller items such as electronics were the items stolen.

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Province to cover Lucentis starting in 2011

• Drug treats AMD, a disease that causes blood and fluid to leak into the eve AMD leads to blindness People over the age of 65 are most affected





Nova Scotia is no longer the only province not to cover the drug Lucentis for people losing their eye-

Health Minister Mau-reen MacDonald told reporters yesterday that her department figured out how to pay for this expensive drug as of Jan. 1, 2011.

It will cost the province \$660,000 this year to build a program and cost \$3.5 million next year as it

MacDonald explained how she found the money: 'The delivery of this treatment will be in a hospital clinical setting, and this allows us to gain certain efficiencies.'

It will bypass pharmacy dispensing fees, and spe-cialists will deliver the treatment.

"These things will help us contain the costs of this program," she said. Four thousand people in

the province suffer from Age Related Macular Degeneration (AMD), and 800 people a year will be able to apply for this program.

"I know the health minister understood the importance of covering Lucentis as a treatment and I would like to thank her for committing to adding the drug to the formulary."

tients wouldn't benefit from this drug treatment,

CHRIS D'ENTREMONT, FORMER TORY HEALTH MINISTER, IN A STATEMENT Some of those 4,000 pa-

CNIB lauds new subsidy of blindness-fighting treatment

For patients, yesterday's announcement was "like a child in a candy store," said Duncan Williams, with the Canadian National Institute for the Blind

'It lets people live in their homes and communities," said Williams.

The CNIB has lobbied the government to cover Lucentis ever since the drug was approved by Health Canada in 2007. "We've learned that vi-

sion loss costs Nova Scotians \$990 million a year. Vision loss is not life ending but it is life altering .. It has a huge emotional impact on the individual and

their families," he said. Williams added the drug treatment will change the lives of the 800 patients who will benefit next year. JENNIFER TAPLIN

said Alan Cruess, district chief of ophthalmology and visual sciences.

But he said Lucentis and Avastin, which will also be covered by the province next year, are extremely effective especially in new cases of wet AMD.

"It has the power to improve vision in a good number of patients and to stabilize vision in the majority of patients. It is truly a dream come true," he said

"I have several patients who are wonderful examples of what Lucentis is able to accomplish."

Heavy tab

The province said patients have been paying about \$1,800 to \$2,000 per injection for Lucentis therapy, which usually requires six or more injections per year

THE CANADIAN PRESS

Elected officials get bump

Halifax regional council is getting a raise.

Recent salary numbers were posted on the Halifax Regional Municipality's website. Mayor Peter Kelly is

getting a raise of 4.04

per cent. He'll be making \$144,962 a year.

Councillors are getting a 1.62 per cent raise and will make \$72,357 a year.

The deputy mayor makes 10 per cent above the salary of a councillor, so Coun. Brad Johns will be making \$79,592 after the

raise kicks in.
These are the recommended salaries for 2010-2011.

METRO HALIFAX

N.S. kids make strides in math

Education officials in Nova Scotia say they are seeing a steady improvement in the math skills of younger students.

The results of an assessment administered to 8,000 Grade 3 students across the province last June show gains in all areas measured including geometry and data and probability.

Education Minister Marilyn More says the assessments give teachers the information they need to

ensure students are getting the best possible start. Seventy-five per cent of

Benchmark

To meet expectations, students needed to correctly answer about two-thirds of the questions.

Grade 3 students attending English-language schools met expectations, an increase from 71 per cent in the 2008-09 assessment.

Students at French-language schools also performed well, with 87 per cent meeting expectations, an increase from 84 per cent in 2008-09.

THE CANADIAN PRESS

Cruisers kept on ship over flu fears

At least 49 passengers aboard a cruise ship docked in Saint John, N.B., yesterday were told they can't go ashore after they showed flu-like symptoms.

The passengers are among more than 3,000 people travelling on the Caribbean Princess.

THE CANADIAN PRESS

University union balks at proposal

The union that represents support staff at St. Francis Xavier University is recommending its members reject the university's latest offer.

The Nova Scotia Government and General Employees Union held an information meeting Tuesday to talk about the contract.

THE CANADIAN PRESS

News in brief

Minister wants to work with N.B.

ENERGY SHARING. Department of Energy deputy minister Murray Coolican said he has reached out to his new counterpart in the newly formed David Alward government in New Brunswick.

'We certainly want to continue a dialogue with the government of New

Brunswick about energy issues between the two provinces," Coolican said outside a public accounts

meeting. But Coolican said he could not speculate how close the two provinces are to making the capital improvements necessary for increased energy sharing across the

border. "We think it's very important to improve the system between New Brunswick and Nova Scotia. We hope the new New Brunswick government feels the same way.'

METRO HALIFAX

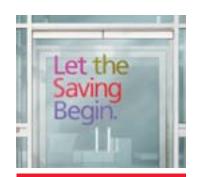
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Clarke willing to testify over weekend passes

◆ Tories, Liberals accuse each other of playing politics on weekend jail pass issue ◆ Public accounts gives Justice Department three weeks to turn over documents

Cecil Clarke said he's prepared to take the stand as a witness when the province's public accounts committee reviews the practice of giving inmates at the Central Nova Correctional Facility in Burnside weekend passes to serve time at home.

And he wants Justice Minster Ross Landry to do the same.

Clarke, who served as justice minister under Rodney MacDonald, maintains he knew nothing about some prisoners being given leave to serve time at home on the weekends due to overcrowding



at the Burnside jail.

"That information was not supplied to me," he told reporters after yesterday's committee meeting.

"I was not aware." But Keith Colwell, the Liberal MLA who called for the review last week, said he believes Clarke did know

"He's just trying to cover his tracks on this," Colwell alleged.

"As a former cabinet minister, no, I do not buy that. I do not buy that at all, because he would be kept informed at all times of all the different issues in the department he looked after."

The committee requested the Department of Justice turn over all relevant information on the issue in three weeks.

ALEX BOUTILIER



Dozens rally for LGBT youth

Over a hundred people attended the event, which is part of an international response to recent suicides by gay youths who were harassed and bullied.

Tricks, treats on Sunday

Sunday or not, trick-ortreaters will hit the streets of Colchester County on Halloween this year, municipal officials say. "I got enough battle scars from the last time we changed it," Truro Mayor Bill Mills said.

TRURO DAILY NEWS

'94 switch

In 1994 the town moved Halloween from Sunday to Saturday night.

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Home

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NOTICE

Registration of Undertaking for Environmental Assessment ENVIRONMENT ACT

This is to advise that on October 21, 2010, Burnside Environmental Services Ltd. registered an Asbestos Transfer/Bulking Facility for environmental assessment, in accordance with Part IV of the Environment Act.

Burnside Environmental Services Ltd. requires an Asbestos Transfer/Bulking Facility site for asbestos waste and requires a temporary storage location at 36 Fielding Avenue, Dartmouth, N.S. commencing January 1, 2011.

Copies of the environmental assessment registration information may be examined at the following locations:

- Cole Harbour Public Library, 51 Forest Hills Parkway, Dartmouth, N.S.
- Woodlawn Public Library, 31 Eisener Blvd., Dartmouth, N.S.
- Clean Nova Scotia, 126 Portland Street, Dartmouth, N.S.
- Ecology Action Centre, 2705 Fern Lane, Halifax, N.S.
 Nova Scotia Environment, 30 Damascus Road, Suite 115,
- Bedford Commons, Bedford, N.S.
- Nova Scotia Environment, 5th Floor Library, 5151 Terminal Road, Halifax, N.S.
- EA website (when available) http://www.gov.ns.ca/nse/ea/

The public is invited to submit written comments to:

Environmental Assessment Branch Nova Scotia Environment P.O. Box 442. Halifax, NS, B3I 2P8

on or before November 20, 2010 or contact the department at (902) 424-3230, (902) 424-0503 (Fax), or e-mail at EA@gov.ns.ca.

All submissions received, including personal information, will be made available for public review in the Nova Scotia Environment Library, 5th floor, Halifax Office, 5151 Terminal Road, Halifax, N.S.

Published by: Burnside Environmental Services Ltd., 10 Thornhill Dr., Unit 3, Dartmouth, N.S.



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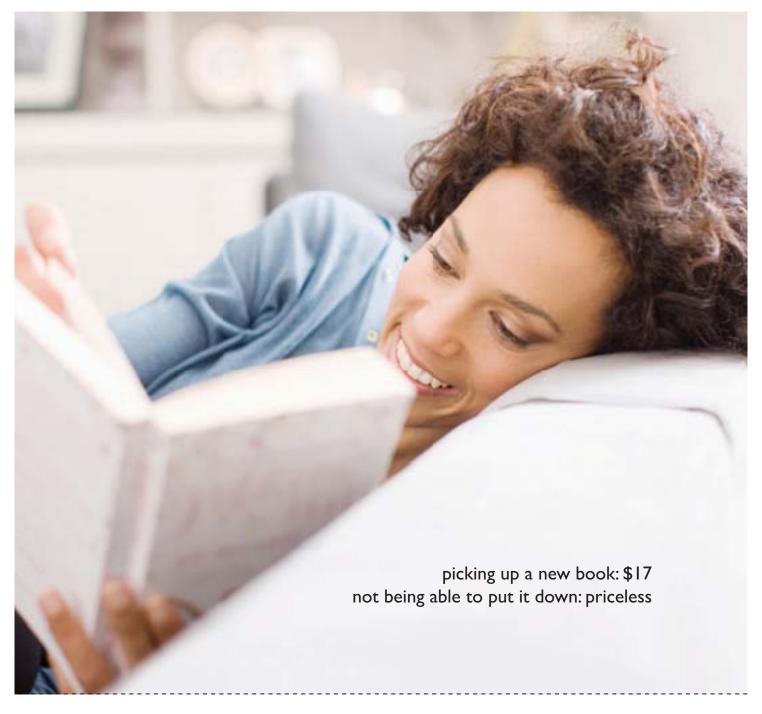
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Groom and his brides find married bliss

Pakistani herbal medicine practitioner Azhar Haidri, 23, has married two women in 24 hours, gaining worldwide attention for his novel solution to a marital dilemma: Should he wed the woman he loves or go ahead with the marriage his family arranged. Both women think the compromise is good and they plan to live as sisters and friends.

'Tear down this house of horror'

◆ Shocked neighbours say sex killer Russell Williams's cottage in Tweed, Ont., should be demolished ◆ Jessica Lloyd was raped, tortured and murdered there by the colonel

Several neighbours want sex killer Col. Russell Williams' cottage in Tweed, Ont., knocked to the ground — just as Paul Bernardo's house of horrors was in Port Dalhousie, Ont.

The Tweed cottage is where Jessica Lloyd, 27, spent her last moments alive being raped and tortured by Williams.

Williams broke into Lloyd's Belleville, Ont., home in January, sexually attacking her before abducting her to his cottage where he kept her for a day as his sex slave before murdering her.

His next-door neighbour, Monique Murdoch, is among those who think the cottage that Williams and his wife bought in 2004 should be razed.

Bernardo site

The rented two-storey pink clapboard house where Paul Bernardo and Karla Homolka raped, tortured and killed schoolgirls Leslie Mahaffy and Kristen French was bulldozed in December 1995.

The former commander of Canadian Forces Base in Trenton broke into Murdoch's home three times

Murdoch said: "The house is tainted, it's bad." Ernestine Cole, who said she lives four doors away from Williams' cottage, also doubts anyone would buy the home, given his heinous crimes.

"It might be a good idea just to tear it down. There



might be some evidence in there," said Cole.

She added: "With all the new information we're getting, it was bad enough to know that he had done these things, but how he did them. This is what's shocking too."

Williams has been convicted of two counts of first-degree murder in the killings of Lloyd, 27, and Cpl. Marie-France Comeau, 37, and dozens of other charges, including sexual

assaults.

It's not clear if a \$2.45-million lawsuit filed by one of Williams' sex assault victims would affect plans to demolish the Tweed structure.

THE CANADIAN PRESS

Facebook gives your ex the brushoff

Lovelorn Facebook users have won the sympathy of the site's administrators and will no longer have to confront an unwanted photo of an ex when they open up their profile.

A Facebook feature called Photo Memories occasionally flashes pictures of friends and family on a user's profile.

Problem is, some users were being subjected to photos of old flames and former spouses.

Others were surprised to see photos of friends who have died.

A Facebook group called I HATE PHOTO MEMORIES — with the description: "A daily slap in the facebook. We hate you. Go away." — has attracted more than 600 members.

Product manager Sam Odio has told users that Facebook is "listening to your feedback."

"The Photo Memories product no longer shows tagged photos of your friends if you were previously in a relationship with them," he said.

THE CANADIAN PRESS



A walk to remember

Today's photo of the day is by Canadian Aso_Pia and was submitted in the Everyday Travel category. The photo is titled Through. Enter your photos today and view more pictures at metrophotochallenge.ca.



No apology for 1991 accusation against judge

• Wife of U.S. Supreme Court justice asked former employee to apologize over sexual harassment claims

Explosive sexual harassment allegations that nearly derailed a Supreme Court nominee's confirmation 19 years ago returned to the headlines yesterday with the justice's wife calling his accuser to ask her for an apology.

Anita Hill's allegations against then-nominee Clarence Thomas in 1991 sparked a national debate about sexual harassment in the workplace. Thomas, who denied the allegations, was narrowly confirmed by the Senate. Hill was alternatively hailed for her bravery for step-

ping forward or vilified as a politically motivated liar.

Thomas' wife, Virginia, had left a voice mail message on Hill's phone on Oct. 9 asking her to say she was sorry for the allegations that surfaced at Thomas' confirmation hearings for a seat on the top court bench.

realings for a seat of the top court bench.

"I have no intention of apologizing because I testified truthfully about my experience and I stand by that testimony," Hill, now a Brandeis University professor, said in a statement released Tuesday night.

In her statement, Hill

said, "I certainly thought the call was inappropriate." She had worked for Clarence Thomas in two federal government jobs prior to the time he was selected for the court by then president George H.W. Bush for the Supreme Court.

During his Senate confirmation hearings, Clarence Thomas adamantly denied Hill's accusations that he made inappropriate sexual remarks, including references to pornographic movies.

THE ASSOCIATED PRESS





Economy lags U.S. in growth in third quarter

Canadian economy had worst quarter since recession
 But head of Bank of Canada says he's not worried

The Canadian economy likely suffered the worst quarter since the recession during the summer months and still faces risks ranging from a global currency war to a collapse in the housing market, the Bank of Canada said yesterday.

The bank's latest quarterly outlook estimates the Canadian economy advanced at a snail's pace — 1.6 per cent — during the third quarter, following gains of two per cent in the second quarter and 5.8 per cent in the first quarter.

That's even slower than the troubled United States, which likely advanced by 2.3 per cent in the July-Sep-



tember months

But the head of Canada's central bank said he's not overly concerned about slow summer growth or comparisons with the U.S., which he said is in far weaker shape and has farther to go to return to prerecession levels.

"I wouldn't obsess about the third quarter," Bank of Canada governor Mark 147% of debt to disposable income among households has now reached 147 per cent.

Carney told reporters in a briefing.

briefing.

Canada's employment has returned to pre-recession levels, while the U.S. still has 20 per cent fewer people working than before the downturn, he said.

He added that domestic demand in Canada has risen faster than in the United States and that's expected to continue through the entire forecast period.

THE CANADIAN PRESS



How do you like them Apples?

Apple CEO Steve Jobs unveiled the new MacBook Air ultralight laptops and offered a few glimpses of Apple's new Mac operating system software at Apple headquarters yesterday. Apple announced a new version of its operating system, called Mac OS X Lion, that will include a store for Mac software. It's similar to the iTunes store that sells apps for iPhone, iPod Touch and iPad.

Massive public spending cuts in Britain

Of Government slashes benefits and public sector jobs in 5-year austerity plan Of Taxes are also set to increase

Britain's chancellor of the exchequer, George Osborne, said yesterday the country's government will make the largest cuts to public spending since the Second World War — slashing benefits and public sector jobs in a five-year austerity plan.

Osborne confirmed he had ordered \$134 billion in spending cuts through 2015, which he claims are necessary along with tax increases to wipe out a spending deficit that reached \$253 billion last year.

As many as 500,000 public sector jobs will be lost, welfare payments sharply reduced and dozens of scheduled government programs halted.

He said that even the Queen would take a hit, cutting her royal household budget by 14 per cent over four years under the plans.

"It is a hard road, but it leads to a better future," Osborne told legislators in a long anticipated statement to outline the coalition government's long-term economic plans.



After spending billions bailing out indebted banks, and suffering a squeeze on tax revenue and a hike in welfare bills, he said it would take "time to turn around the debt supertanker."

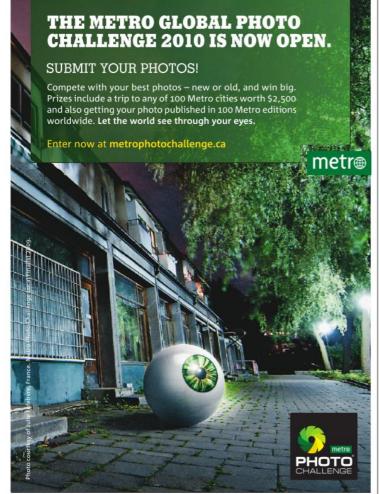
Osborne said that a temporary levy on bank balance sheets being introduced in January will be made permanent, potentially raising billions of dollars.

"We will extract the maximum sustainable taxes from the banking system." he said.

He said the state pension age for men and women will reach 66 by the year 2020 — four years earlier than planned, potentially saving \$8.1 billion a year.

Osborne said the cuts would fall in almost all areas of government spending.

THE ASSOCIATED PRESS





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Quebec and N.L. fight over Old Harry

Offshore deposit could contain as much as two billion barrels of oil

The Quebec government is calling on Ottawa to stop awarding new drilling permits for a disputed offshore fossil-fuels deposit near the Newfoundland border.

border.

The Old Harry hydrocarbon field has been the source of a heated feud between Quebec and Newfoundland and Labrador for years.

Quebec's natural resources minister says no new activities should be permitted on Old Harry until a formal agreement is reached between the provinces and the federal government.

Nathalie Normandeau tabled a motion on the issue in the provincial legislature vesterday.

Quebec is calling on the Canada-Newfoundland and Labrador Offshore Petroleum Board to stop awarding permits for drilling and seismic testing until ongoing environmental studies are complete.

She says the reports are due in 2012.

Normandeau says the matter is urgent because Newfoundland has already conducted test drilling at the Gulf of St. Lawrence site.

THE CANADIAN PRESS

➤ Italian European Parliament member Licia Ronzulli voted with her baby yesterday on the maternity leave bill at the European Parliament in Strasbourg, eastern France.

Motherhood matters

Minimum maternity leave in the EU should be extended from 14 to 20 weeks with full pay, with some flexibility for countries which already have a form of family-related leave, the European Parliament decided yesterday.

Promoting the digital classroom

New Brunswick Premier David Alward says he'll use the upcoming Francophonie summit in Switzerland to promote the use of technology as a learning tool.

learning tool.
Alward and a delegation of government and business people will attend the

Computers

The previous Liberal government had promised laptop computers for all middle and high school students, if re-elected.

three-day summit this coming weekend.

He says New Brunswick is recognized for its advances in information technology and communications for learning.

THE CANADIAN PRESS

Danny ready to call strike inquiry



Talks aimed at ending a 15month-long strike at the Voisey's Bay nickel mine in Labrador have broken off.

A spokesman for the union that represents the workers says they met with negotiators for mining giant Vale briefly but the discussions ended shortly after.

Premier Danny Williams has promised to call an industrial inquiry if no settlement is reached by Friday.

THE CANADIAN PRESS

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PARENTS CAN BE FACEBOOK FRIENDS



I'm in a relationship with my parents and it's complicated.

here comes a time in the lives of all children when they must deal with a delicate question about their parents: Confirm, or Ignore? My parents sat in Facebook limbo for years, the two-headed profile "MargieBob" stuck on my page like the bad guys from Superman II trapped in the 2-D prison.

But recently I decided that my real-life frienďship with my parents must be worth a virtual friendship.

I decided that when people look back on their lives, they regret what they didn't do, not

what they've done.

And I decided that I needed a column topic.

So I accepted their request and Facebook announced to the world that, after 34 years, I am now friends with

my parents. So far, so good.

They haven't done anything embarrassing yet, like posting naked baby pictures of me on my wall, or showing up in Yoville trying to be cool.

I did have to label one video NSFMP (Not Safe For My Parents), but that's it so far.

In reality, my parents were never what was holding me back. I was embarrassed about my "friends."

It's a familiar story for me. When I was in my early teens, my dad once asked if I wanted to play tennis with him. I said yes, but then I saw my "friends" were at the court. Their idea of a good

time was getting the best loogie built up by smoking cigarettes and eating Oreos.

I was in the suburbs of a small city. Friendship was geography. So I told my dad I

didn't want to play because my friends

were there and — children don't forget this stuff — Dad got choked up.

Now, 20 years later, geography is no boundary to friendship. Nor, as any computer user knows, does actual friendship bear any

relation to Facebook friendship.

But to hell with it. Family members, friends, fools, and frenemies, they're all "friends" now. Those Seinfeld episodes where Jerry or George worry about "the two worlds" colliding seem hopelessly out of date. We're all in the same world now.

I'm happy to have Mom and

Dad in that group.
Amidst all the self-promotion, self-flagellation, and self-love in the status updates, my parents are the rarest of Facebook users: They're happy.

"Ain't life grand!" was a recent update. In future, MargieBob, I'd appreciate an NSFC (Not Safe For Cynics). Thanks.



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

Cold nixes fashion sense



Letters

Tweets

We asked: How early is too early for a toque?

TORONTO. There's no such thing as "too early." If you're cold, worry less about being seasonally appropriate and just put one on. If people would accept this simple solution, we'd have less unpleasant scenes like the one I overheard in a gas station the other day, with an older man in a lightweight windbreaker screaming at an overworked cashier who was operating two registers and dealing with multiple customers for not ringing up his gas fast enough because it was cold outside.

"Family

members,

friends, fools,

and frenemies,

they're all

'friends' now."



To Angry Windbreaker Man: A toque would cost you less money than you spent on gas and unlike your car would probably make you a bit less loathe-KATHY BIBSON

@kelstabulous it is never too early for a touque.

@deadlytoque I had frostbite on my ears 12 years ago, & they never recovered.

I wear a toque whenever the temp goes under 10, or they hurt.

TORONTO There's no such thing as too early for a toque, in my opinion. They're cute and stylish, especially those welldesigned ones. Fall, winter, spring. Why not? IHOBELL KRISTYL

Do cities really need a mayor?

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Metro Minute at a haunted house

If you're looking to get into the Halloween spirit, then Fear The Darkness Haunted House at Alderney Landing on the Dartmouth waterfront is the place you'll want to be.

Back for a third year, this house of horror has again partnered with Fright Factory to create what organizers describe as the "biggest and scariest haunted attraction

The haunted house is now open to the public each night through to Halloween from 6:30 to 9:30 p.m. The cost to get in is \$8 person, with warm clothing recommended. A wait of between 30 to 45 minutes is also to be ex-

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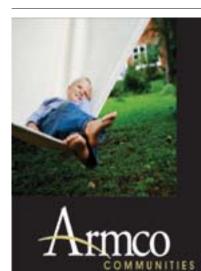


laminate
Durability and design
key to flooring {page 3}



magicAn unexpected kitchen update {page 5}

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High quality laminate looks like wood

wood flooring, but are afraid to install hardwood because you know your floors take a beating from the heavy day-to-day traffic all too common in modern family life.

But you don't have to sacrifice style for boring sensibility when considering a new flooring option in your home — not if you choose laminate.

The best laminates combine the realistic grain and texture of wood with high durability and scratch and indentation resistance that natural wood floors don't provide.

"There's a huge swing in our

"Where most customers will see the difference is the visual appeal."

IOHN WELLS. TAYLOR FLOORING

You love the look of natural industry that's driving the high quality laminates business," said John Wells, general sales manager at Taylor Flooring.

> "One reason is that you can get such a realistic wood look, and two is that it's just so much more serviceable."

> Many of today's laminates also are easy to install, with no need for glue or nails, and even can be used over several types of existing flooring, often eliminating the need for sub-floor prepara-

> But Wells stresses the importance of choosing quality over quantity. "Not all laminates are created equal and the average consumer doesn't understand that," he notes.

"Where most customers will see the difference is the visual appeal. When you look at high quality laminate, you're going to get a very realistic wood look, whereas with the less expensive, poorer quality laminates, you're going to get something that looks like a photograph."

O JORDANA DIVON AND NEWS CANADA

Shopping tips

- Look for flooring that is engineered with a quality locking
- Also look for laminates that have a low moisture rating at the core - between three or four per cent. Any laminate that has a high percentage of moisture content will eventually start to crumble.
- A decent quality laminate will run anywhere from \$1.99 to \$5. Avoid anything cheaper as it will end up costing you more to inevitably refurbish it.
- Have your flooring installed by a professional, unless you are an experienced handyperson.



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New options in light control

Here's an option in window coverings that deserves more than a second look. It is, after all, the product used on the set of Donald Trump's Celebrity Apprentice reality TV show. Why? Because it offers the look of a Roman shade with the light control of a blind in intriguing fabrics and colours. Called Pirouette window shadings, it was introduced by leading window-covering manufacturer Hunter Douglas a few short years ago.

"The Pirouette is a very unique, different product," says Brenda Spinney, sales associate at Floors Plus. "It has a sheer back fabric, and then an additional semi-opaque and room-darkening fabric that create four-inch veins. These veins then turn into folds when the fabric is pulled up. This allows you to look through the sheer and also see out the window."



The company has now added motorization to this multi-functional product — state-of-the-art Power-Rise 2.0 with Platinum Technology, a patented battery control wireless system. Easy to install and affordable, it operates with a sleek remote control and/or a wireless wall switch and can also be integrated into home automation systems.

"It's very professionally done, and offers the convenience of touching a button and the blind goes up or down," Spinney says.

But with all that technology, has style been compromised? Not a chance, says the Halifax-based fabrics expert. "There are three different texture fabrics," Spinney says. "One's a crepe, and then there's a linen and a satin. And within that selection there are something like 44 colour options."

O JORDANA DIVON AND NEWS CANADA

The Perfect Kitchen Design



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Preparation

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Cooking

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Black adds sophistication

While cheery and bright colours of green, red or yellow create a fun and lively look in the kitchen, for a more sophisticated edge consider black.

"One of the major benefits to using black in a kitchen is that it's a great backdrop for other colours and especially for metals," says Sara MacKeeman, a designer at Halifax's Doucet-Watts & Davis Interiors.

"When used properly, black has the ability to make whatever it's on almost disappear, and like any good neutral, it lets the other design elements around it shine."

"A shiny black glass tile used on a backsplash ... can be very modern and sleek."

SARA MACKEEMAN, DOUCET - WATTS & DAVIS

The fashion world knows black can create instant elegance and reflect a wide range of moods. It can be edgy and rebellious, serious or moody. Paired in contrast with white, the combination creates a dramatic and contemporary look.

In the kitchen, black appliances were once popular but less so since the introduction of stainless steel fridges and stoves. That's understandable since large, major appliances in black can create a heavy look especially for small kitchens. So how can we take advantage of versatile black in the kitchen?

"A shiny black glass tile used on a backsplash along with solid black countertop can be a very modern and sleek look when paired with light wood cabinets or high gloss white," says MacKeeman.

"If super modern isn't your style, a tumbled black marble



could be a great choice for the backsplash used in conjunction with a stone countertop and dark wood cabinets."

If that's too much black for your taste, another option is to try accent walls, pairing one wall in a bold, dramatic colour with softer, lighter tones around the rest of the room

"I am not normally an advocate of accent walls, but if you're going to follow this trend, one large black wall is a great place to start," MacKeeman advises. "An accent wall is ideally a wall that is not interrupted by windows or a lot of jigs and jobs. That way you get the most punch out of your accent. And you'll want to be sure to repeat the black in other areas too, maybe in countertops or barstools at an island or peninsula."

JORDANA DIVON AND NEWS CANADA



An eco-friendly basement reno offers payback

According to Natural Resources Canada, more than 17 per cent of the energy consumed in Canada is used in our homes. One project that can improve your home's energy efficiency, while also adding extra living space, is finishing your basement.

"Gaining a living space for the square footage that you're paying for in your home will definitely

pay off in major energy savings, but you're also gaining a lot of usable space," Dana Cuvelier, manager East Coast Renovations Ex-"What perts. you're going to spend on any renovations in your basement, if it's sealed up properly, insulated properly, is going to add up to extreme

"What you're going to spend on any renovations in your basement ... is going to add up to extreme savings energy-wise."

EAST COAST RENOVATIONS EXPERTS

savings energy-wise."

So, how do you start? Cuvelier recommends using quality highdensity foam and paneling the walls before hanging any drywall.

"We've been doing a lot of homes around the Halifax area where there are a lot of low-lying old basements," says Cuvelier. "And lot of the time in Nova Scotia the dampness in the air blowing through the unfinished portions of a basement causes a lot of the energy loss. If you go with a high-density foam on the wall, it actually acts as a vapour barrier and also gives you the air value of Pink insulation. We also use a Durafoam around the windows and it stops a lot of the draft."

In addition to Durafoam, a good option is always the Pink thermal wall in basements for increased energy efficiency and overall comfort. Install a layer of 2" Insulpink insulation panels and a layer of R-14 Pink Fiberglas insulation batts to create a Pink thermal layer for optimal warmth, comfort and moisture resistance. These simple improvements will help you create extra living space and save on energy costs. Pink Fiberglas insulation, is made with over 70 per cent recycled content, the highest in the industry. It is energy-efficient and easy on the environment.

Cuvelier also advises homeowners to consider the long-term benefits of finishing basements, and while you may not see savings in the first year, it will pay in dividends with time.

"What I've noticed in most of the customers that we've done work for, the first year they do save a bit on their heating bill, but in the second year they save even more, mainly because it takes time for the drywall to actually dry."

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Luxury vinyl looks good

Imagine transforming your aging flooring with the look of rich travertine, limestone, concrete, slate or ceramic tiles, but without the cost or frailty of these lavish coverings. Today's luxury vinyl tile (LVT) products echo the look and styling of these natural materials but also live up to the rigours and traffic of day-to-day family life. Available in a wide range of colours, styles and textures, LVT works in every room of the house, giving homeowners unlimited options.

"Luxury vinyl tile is usually warmer than most natural floor product, whereas a lot of people find with the natural stone products they can be quite cold unless you have floor heating," says Peter Macdonald, sales manager at Vintage Flooring. "It's also very versa-

"I've talked to ... customers and two. three, four years after the fact, they praise the product in terms of how easy it is to maintain."

PETER MACDONALD, VINTAGE FLOORING

tile; we use it in any room in the home, whether it's kitchens or bathrooms, where a lot of times natural wood products would tend to wear prematurely."

Unlike their natural counterparts, today's LVT floors are created to resist scuffs, stains, scratches and wear due to durable construction and protective wear layers or coat-

The tile is a low maintenance product, as opposed to some of the

Insurance Clains/Fully Insured

Masonry Craftsmen for

Reconstruction Repair



natural products that you have to sand. It's also very durable; it's not going to splinter or chip or crack. It's very hard wearing," says Mac-

Comfortable LVT floors also have the advantage of being warmer and quieter than hard-surface natural tile floors. Soft underfoot, they don't produce a hollow sound like other flooring options. So, when it comes to achieving the great look of natural stone and tile floors but without the high maintenance and cost, Macdonald recommends LVT for its beauty, durability and value.

"I've talked to both residential and commercial customers and two, three, and four years after the fact they praise the product in terms of how easy it is to maintain and how realistic it is," he says.

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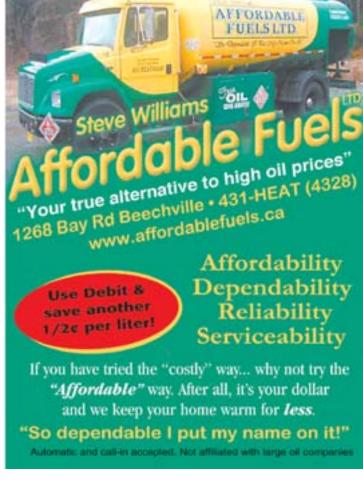
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Longoria's perfume about confidence



She shot to stardom six years ago when the hit TV show Desperate Housewives — in which she plays the hilariously vain and materialistic Gabrielle Solis — first premiered, and Eva Longoria Parker hasn't looked back since.

Aside from acting, Longoria Parker has ventured into producing and directing, serves as the international spokesperson for L'Oreal Paris and is actively involved in numerous charities.

Her most recent endeavor, a year in the making, is the creation of her signature fragrance Eva by Eva Longoria.

While in Toronto recently to launch her eponymous perfume, the 35-year-old beauty sat down with Metro to chat about, what the future holds for her and the importance of giving back.

Why did you create this fragrance?

I was always allergic to perfume and could never wear it. I always felt they were too overpowering and I just wanted something that was easy to wear — something light and fresh and clean. I wanted to create a scent for myself. Then I found out that a lot of women felt that way.

What do you hope to offer women with your perfume?

I hope that they wear it and they feel sexy and confident. I find if you smell good, you carry yourself in a different way. Scent is an intense emotional connec-

Eva by Eva

Perfume. Eva by Eva Longoria is a blend of citrus notes wrapped with the delicate scent of white florals and violet and finished with warm amber and sandalwood musks. The Eau de Parfum comes in 50ml (\$63) and 100ml (\$78) and is available at Sears and Shoppers Drug Mart.

tion.

What do you find most gratifying about your role on Desperate Housewives?

I love that it was a groundbreaking show with four female leads — three over 40 — dealing with universal themes of the modern woman: Marriage, divorce, dating, children.

What haven't you tackled yet professionally that would still

Oh god, everything. I feel like I haven't even tapped into the success I'm supposed to have. I think the best is yet to come, whether it's producing or directing or acting, I just think my best project has yet to be discovered.

You are involved in a lot of charities. Was being charitably active something that was instilled in your by your parents?

Yes, I have a special needs sister. That's why I created Eva's Heroes (in San Antonia, Texas). Early on I was introduced to volunteerism from my mom and aunts.

That was a big thing in my family, to always give back. I thought that was the way everybody was. I didn't realize that was an anomaly.





News in brief



Actor David Arquette is lending his quirky star power to the campaign against a November ballot measure that would suspend California's greenhouse gas emissions law.

Arquette appeared in Sacramento on Tuesday to promote a series of online videos opposing Proposition 23. Oil companies have donated the bulk of the money to support Prop 23. It would indefinitely suspend a 2006 California law that seeks to reduce greenhouse gas emissions statewide to 1990 levels over the next decade.

THE ASSOCIATED PRESS



Reluctant Florence Henderson leaves Dancing With the Stars

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Album reviews

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Bland rock falls short

Kings of Leon

Album: Come Around Sundown

Label: RCA/Sony Music

No matter how hard I've

tried. I've never been able to figure out why people get so excited about the Kings of Leon. The band hasn't released one inter-esting record in their seven-year career (cue the hate mail); their albums have always felt half cocked and their airy "atmospherics" make them more of America's Coldplay than the more interesting indie rock bands they've been compared to. Despite that, I had hoped this record would prove me wrong, that there was something about the

Sugarland

Album: The Incredible Machine

Label: Mercury

We have a winner for most obnoxious song of the year: Sugarland's



album worth shelling out \$15 bucks for. I was wrong. Come Around Sundown is, without a doubt, their worst record. First of all it's incredibly boring. The entire record features sluggish, overwrought tunes that are slow and vacuous enough to put any insomniac to sleep. It's almost pointless to scrutinize one song since they're all as

Stuck Like Glue. The

pop chorus, the teen

repetitive bubble gum

movie opening verse and

the incredibly misguided

sounds a lot like running fingernails down a chalk-

faux-reggae breakdown

frustratingly bland as the next. The band are obviously trying to recreate the success they had with their huge hit Use Somebody, and if that was their goal they succeeded with flying colours these songs are just as sleepy and vapid as that track was.

Outstanding track: Radioactive pryan borzykowski

board. The rest of the record's no better. Opener All We Are's big rock riffs, soaring vocals and classic rock shouts are made for big audiences Outstanding track: All We Are Bryan Borzykowski



Elton John and Leon Russell

Album: The Union Label: Universal

Elton John and Leon Russell are kindred spirits when it comes to songwriting and piano playing. Unfortunately, their voices are worlds apart. There's that sweet, spirited tenor of Sir Elton

and then there's the cranky old whine of Russell. It was a lovely idea for Sir Elton to reach out to his 68-year-old mentor, but not necessarily good one. Russell fans will enjoy the rootsy stuff he sings here. And John fans will like his pop offerings. Neither will like the duets. Outstanding track: Hey Ahab ograham rockingham



Steven Page Album: Page One

Label: Universal

Steven Page's solo pop debut will inevitably be compared to All in Good Time, the Barenaked Ladies first CD without him. Neither CD has produced memorable works, proving that the sum is greater

than its individual parts. The BNL CD suffered from not enough Page and Page One suffers from too much. Page One is filled with catchy light pop. Luckily, Page manages to keep his sense of humour on tracks like Entourage and All the Young Monogomists. Outstanding track: Indecision GRAHAM ROCKINGHAM



Jim Bryson and The Weakerthans

Album: The Falcon Lake Incident

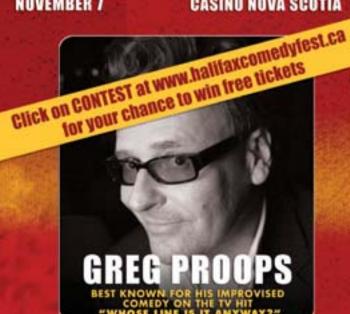
Label: MapleMusic

The Weakerthans might be the main draw in this collaboration, but it's Jim Bryson who steals the show on The Falcon Lake

Incident. A touring member of the band, the Ottawan's sardonic and sweet folk songs feel at home in the hands of the Winnipeggers. The two parties have undeniable chemistry.

Outstanding track: Freeways In The Frontyard CAM LINDSAY

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Maroon 5's Levine aims for raw emotions

Two pictures were on the walls of the Switzerland studio where Maroon 5 recorded their latest album. One was of Marvin Gave and the other of Tupac Shakur.

Frontman Adam Levine knows the resulting CD, Hands All Over, will never be mistaken for a Tupac record or music by Gaye. But both men still provided plenty of musical inspiration for the album.

"Those were two people that did whatever they

weekend and

fill out a ballot to win

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wanted to do, and artistically, just kind of followed whatever path they wanted to follow," he said. His five-member band

expresses a similar freedom on Hands All Over, their third album, released last month. The Los Angeles-based rockers recorded the CD — which mixes pop, rock, R&B and country sounds - with veteran producer Robert John "Mutt" Lange. Levine said it was best recording process we've had in our lives.'

Talk about the songwriting behind the album.

If I was upset about something I would turn it into a love song. It would always be a love song that was the model for how I was feeling. So it was just feelings, things I was going through. (There were) lot of things in Switzerland I was going through. I wrote a lot of lyrics. It was just 24 hours of creativity 'cause it was a really serene place. Just honesty. (That's) the main focus on all of the records, but especially on this one was really raw, kind of truthful, human emotion.

Is there ever a subject you don't want to write about in a song?

It's never really been a business thing for me. It's hard.



... I heard some famous story about somebody who'd go in every day and just write something to write something, and I'd love to get to that point in my career, in my life — just that kind of prolific songwriting. But I just don't. It has to be something that I'm going through.

Who would you like to write a song for?

I don't know if I want to write a song for anybody. I think it has to start off for me, and then if it makes sense for another singer or artist or whatever, that would be cool. I don't really ever have a desire to write a song for somebody other than myself, you know. If it doesn't start off that way at least, it doesn't ring true to

THE ASSOCIATED PRESS

Jersey Shore take 4?

Cast of Jersey Shore say they're game for a fourth season In the meantime, they're taking full advantage of their fame

Mix up another batch of

The tanned misfits of Jersey Shore are down for a potential fourth season of their popular MTV reality series, which documents their hard-partying, slap-tastic lifestyle while living under one roof.

Paul "Pauly D" Del Vecchio and his castmates said last month that they haven't signed up for aninstallment but other would be juiced for more T-Shirt Time.

"There's been talk about doing another season," derly on the said Del Vecchio. "If it hap- "My job is to have

pens, I'd love to a good time. It's do it." Vecdream lt's to go out and chio's edition? Trans- have a good time, planting the mostly Italian-American cast the beach, cause a to Italy. Jenni lot of drama. "J-Woww" Far- That's what Sammi America loves, 'Sweetheart" Giancola and **obviously."**Ronnie Ortiz- RONNIE ORTIZ-MAGRO, Magro, the known

for concocting his blend of alcoholic juice, share the sentiment, though Ron Ron warned only got two more left in me, and then I'll go do Dancing with the Stars

Before the cast could return to The Motherland or the ballroom, their Miamiset sophomore edition, which has continued to dominate in the ratings, will end today with an episode featuring the gang road-tripping to Florida's Everglades for an encounter with, as Nicole "Snooki" Polizzi calls "Snooki" Polizzi calls them, "crocodillies." Then, they'll be reunited on an Oct. 28 episode.

Polizzi and Del Vecchio are rumoured to be filming their own MTV spinbut the network declined to confirm any new commitments to programming related to Jersey Shore.

The cast's much-ballyhooed return to the boardwalk last July in Seaside Heights, N.J., will set the stage for the upcoming third season, likely to begin airing early next year.

"It's the same deal," said Vinny Guadagnino. "It's the Jersey Shore you know and love. We never fail to entertain. We have a new roommate, and we stay true to who we are. Seaside Heights is not a complicated place. There's like three

bars, three clubs and that's what you see, and that's what we keep doing. It gets funnier and funnier by the second.

Angelina Pivarnick, the feisty outsider who battled throughout the second season with the other self-proclaimed "guidos" and "guidettes," was replaced for the third edition by Deena Nicole Cortese, the "partner in crime" of Snooki, who recently completed community service stemming from her arrest for being drunk and disorderly on the beach in July.

Since the cast of "Jersey Shore last partied together at MTV Video Music Awards, the foul-

mouthed twenty- and thirtysomethings have been working hard to extend their 15 minutes of just-addbronzer

Mike "The Situation" Sorrentino tangoed on and off Dancing with the Stars, while J-Woww brawled on an episode of TNA Wrestling's iMPACT! "I think we're all doing

our own thing and taking this opportunity and making the best of it," said Ortiz-Magro, who is currently appearing in Just Dance 2 commercials. "This gave us the chance to get our foot in the door, and I think we're all doing pretty good. We kicked the door wide open, and now we're just doing whatever we want at this point."

Milking it

The cast of Jersev Shore have been working hard to extend their 15 minutes of just-add bronzer fame.

- Mike "The Situation" Sorentino tangoed on and off Dancing with the Stars
- Jenni "J-Woww" Farley brawled on an episode of
- TNA Wrestling's iMPACT!
 Paul "Pauly D" Del Vecchio and Nicole "Snooki" Polizzi are rumoured o be filming their own MTV spin-offs
- Ronnie Ortiz-Magro is currently appearing in Just Dance 2 commercials

Just don't expect the cast to get into politics. Ortiz-Magro isn't interested in being a full-time role model.

"I'm not running for

president," he said. "My house and have a good time, and that's what I'm doing.

THE ASSOCIATED PRESS





• Superstar couple are happy together, but not looking to take that next step at the moment Singer says she is only 22 and not ready for marriage

Rihanna is definitely happy with baseball player boyfriend Matt Kemp, but that doesn't mean she's planning a trip down the aisle anytime soon.

"I'm only 22!" she tells OK! Magazine. "I've heard the word marriage 400 times in the past few days, but no I'm not ready for that yet."

The lack of wedding plans isn't due to fear, though, she insists.

"If I was scared to do something wrong I wouldn't be where I am today," she says.



remember that every day I got a tattoo of the sentence 'Never a fail-

ure always a lesson' mirror-inverted under my collarbone. Now I can

read that sentence every day in the mirror.

Arquette, Cox trying to shield daughter

Despite their separation, Courteney Cox and David Arquette put on a united from for daughter Coco's horse show at the Malibu Equestrian Center, according to Us Weekly.

Malibu Equestrian Center, according to Us Weekly. "David would wrap his around her, and Courtenev

back," a source says of how the two behaved at the event. "The thing they care most about is Coco. ... They don't want to do anything to hurt her." OMETRO





Jessica Simpson loves her dad, Joe Simpson, but she may be looking to let him go as her manager, according to Popeater.

"Jess is really talented,

it's clear that what's holding her career back is her father," a source says. "Joe is impossible to work with and makes terrible decisions that poor Jessica has to put up with. Now, both music and movie people are telling her she needs to

But whether it's because of the family connection or Jessica's gentle nature, she reportedly can't bring herself to do the deed.

"Jess knows how much Joe loves being a manag-er," the source says. "His entire identity is about being her manager, plus he has made a lot of money from her at the same time.

METRO

Celebrity tweets



[@Conan **OBrien1** The worst part of

riding in a blimp: No bathrooms. The best part: Windows that open.



Nick Cannon [@NickCannonl A role

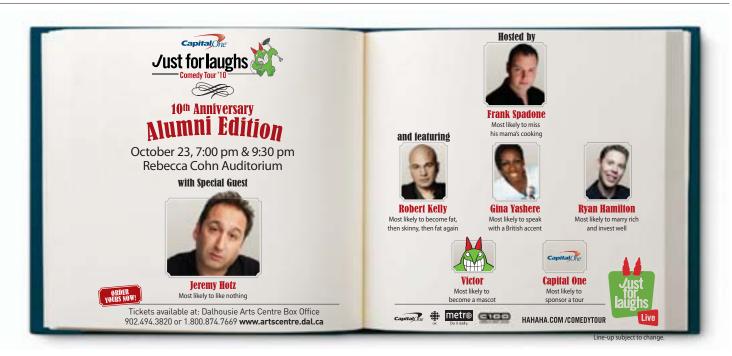
is something you play. Life is real. So no. I'm not a role model I'm a REAL model!





Juliette Lewis [A]uliette Lewis] Welcome to Awsome town!

Population.. Us! ■ METRO





LG Fashion Week sets the standard for the styles that will ripple throughout the country

From Blue Lagoon to a '70s vibe, intricate knitweat to flirty and feminine, LG Fashion Week unveils a runway mix

1 PINK TARTAN

Pink Tartan put a groovy spin on its classic glamorous looks in a new spring-summer collection channelling retro-era sophistication and a '70s vibe.

The latest offerings from designer Kimberley Newport-Mimran evoked a laid-black glam, notably in the form of lush, fluid dresses.

Caftan-style, one-shoulder striped creations fastened with a gold buckle rippled effortlessly as models walked down the runway, as did a succession of pocketed, free-flowing numbers, mostly halterstyle, with plunging necklines.

Wardrobe separates appeared comfortable and easy to wear.

Floor-skimming, cigarette-slim flared pants reminiscent of bell-bottoms and strapless jumpsuits lent a contemporary touch to classic looks of the disco era, as did wide lapels framing slinky blouses and jackets.

2 ANGELA CHEN

With images of crashing waves projected onto a big screen, Angela Chen captured the dreaminess of the sand and surf with her island-inspired collection. Inspired by The Blue Lagoon and its then up-and-

coming star, Brooke Shields, the designer revealed a series of ethereal, romantic separates under her retitled Or label.

There was playfulness and delicacy in the collection, which featured mostly free-form, fluid pieces amid more body-hugging creations.

Slender-cut keyholecutout tanks, pencil skirts and cigarette-slim pants with draped pockets transitioned effortlessly to more loose-fitting designs. Slinky shortall spaghettistrap jumpsuits and strapless sweetheart or floor-skimming pocketed maxi dresses were among the looks.

3 LINE

Design duo John Muscat

and Jennifer Wells served up a sensual showcase of knitwear and slinky separates from their label Line

Rather than the cozy cardigans and chunky vests often associated with knitted creations,

Line's body-hugging tops are laden with sex appeal and typically contrasted with looser-fitting bottoms. The collection has a mostly neutral colour palette with infusions of burnt orange, dusty rose, peach, pale pink and olive hues.

4 LOVAS

For ladies looking for the go-to new number to take them on the cocktail circuit or to a more casual shindig, flirty, feminine party frocks were in full force in the latest looks featured by Lovas.

The spring/summer collection from designer Wesley Badanjak boasted a wide range of stylish frocks steeped in rich hues, including fuchsia and lemon yellow alongside charcoal and silver.

Whether it was a strapless or spaghetti-style number, tiered mini or a one-shouldered, asymmetrical jersey creation, the collection offered a wide breadth of mostly bodyconscious dresses.

Frocks with ruffled collars and gingham-patterned designs offered a playful contrast to more sophisticated offerings, like shimmering silver sequined creations accented by a sheer chiffon sash.

THE CANADIAN PRESS



Cougar boots



Cougar, the Canadian shoe company whose winter boots have been worn by countless Canucks, is back with a new and fashionable twist. The winter boot, which has kept Canadian feet warm since 1948, has a new line. The Cougar collection features everything from classic, riding inspired rub-ber rain boots to a faux-fur trimmed lace-up puffer boot. Visit cougarshoes.com

to see the complete collection and for information on retailers. METRO



Girl power: Flirty, feminine, comantic looks rule runway during LG Fashion Week

Boots for all kinds

• Designers have churned out a style of boot for every kind of personal look this season. • From rugged to refined, here's a look at some of the best this autumn and winter.



Boots of all types are popular right now. It doesn't matter the style: hiking, brogued, military-inspired, you name it. The most important thing is to show them off. Cuff your jeans or tuck them into the boots. Just beware of that contrived, laces artfully undone boy band look.





Same

look.

different prices









topman.com

2 FRACAP

€238, \$303 www.asos.com

3 STEVE MADDEN

stevemadden.com

4 DR. MARTENS

urbanoutfitters.com

5 TRICKERS

\$493 my-wardrobe.com

6 DUNHILL HIKING

BOOTS

dunhill.com

7 BURBERRY

burberv.com

The men's ankle boot in action

Rugged jeans and a flannel shirt are the more obvious and safe match-ups for a pair of boots. Raise your style game by wearing the footwear with a tailored suit instead. Just pay extra attention to the trousers. They should be cropped just enough to show off the shoe, the way this fashion savvy gent we spotted on the street wears







Celebrating 25 years of Hilfiger style

He's rocked and he's rolled — and Tommy Hilfiger has done it for more than 25

Hilfiger is marking 25 years of his namesake brand this fall, celebrating with a splashy show during Fashion Week, tailgate parties and anniversary products, but his career is, in fact, longer than that: He's had a fashion gig since high school when he decided Elmira, N.Y., needed a denim store to keep up with the 1960s rockstar trends.

He opened People's Place catering to the local college crowd and everyone headed to Woodstock, and took out ads in the local newspaper boasting the best bell-bottoms and red fox jackets for "foxy' ladies. He'd promote sales as "savings for swingers." "I wanted to build a

business around all this pop culture," says Hilfiger, who ticks off music, movies, celebrity and art as the long-term common threads in his signature look that has evolved



through phases of hippie, preppy, Americana and glitzy influences. Moving with the times doesn't make him or his brand inconsistent, says Hilfiger. On the contrary, he explains, it gives his collection and its customers an interesting. vibrant lifestyle that adopts more than just one esthetic.

THE ASSOCIATED PRESS



Strike a balance between work and home

Your home office should be both efficient and attractive

DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA



Whether
it's a dedicated room
to run a
full-time
business or
simply a

small desk in the corner of a bedroom to pay bills; almost everyone has some form of work space within their home these days. What's important is that the space works efficiently for your work needs and that it blends with your home's decor. Here's a few tips and ideas that will help you set up a work space that efficient, yet attractive:

Space needed: If you are a writer or computer gaming wizard then perhaps a comfortable chair and a laptop located in an airy space will work best. If you are a life coach then a separate bedroom-turned-office may fit the bill.

Its all in the timing: If you do your best work late at





night, then keep a home office set up away from your bedroom and living room where you might be tempted to work in your bed or curled up on the sofa with the television on. The dining room, stairwell landing or attic are great areas that are removed from the comfort areas

and will help to keep you focused.

Storage: Will a two-drawer file cabinet help to keep your paper trail at bay or do you need shelving and cabinets for art supplies and samples? Consider using everyday home items to help kep your supplies

hidden away; an ottoman or bench seat with storage or the bottom storage of a china cabinet are great hiding spots. I once slip-covered a filing cabinet with beautiful fabric and added a glass top; it acted as an elegant night table in my bedroom and nobody ever knew.

home visit

Do you invite clients into your home?

Keep an attractive, clutter entrance; a mat for boots, a holder for umbrellas, a decorative hook for coats and an area for brief cases and bags will suffice. Consider using your dining room table as a conference table.

Don't invite work clients into your kitchen, family room or bedrooms; they are not conducive to a professional environment and clients can become distracted or uncomfortable.

Consider using the party room or meeting facility in your condo or apartment building. They are often unused and will create a less cluttered, less personal environment to entertain clients.

Renovator, client must be on same page



We've all heard horror stories when it comes to renovations gone wrong. But this negative experience does not have to be your fate. With a little planning done ahead of time you can reduce the risk of starting a renovation that will be fraught with challenges.

Although it would be nice to push a button and have everything done for you, it isn't that easy, it does take planning and lots of decision making throughout the whole process, but taking the time to do this at the beginning will save you a lot of headaches once you begin

gin.

"When it comes to your renovation you want to make sure the process runs smoothly and that you are pleased with the final results," says Paul Pettipas, chief executive officer of the Nova Scotia Home Builders' Association. "To get from start to finish with this positive outcome takes time, but a few key points to help get there is to make sure you have a written contract before you begin and fully understand what is included in the renovation."

cluded in the renovation."
Pettipas adds unmet expectations are often a main reason for homeowners being dissatisfied with their renovation, but a lot of this can be mitigated through open communication between the homeowner and the reno-

vator.

It is important to feel comfortable talking about your ideas and choices with your renovator, but remember, they are not mind readers. If you are looking for a particular product, colour and style, make sure you show them a sample of exactly what you are talking about. For example, when someone says they want a room to be painted red, what colour pops into your mind? I can almost guarantee we are thinking about two completely dif-ferent colours. You can see very clearly how expectations can be unmet if all decisions are left up to interpretation.

"To help with the decision making of a renovation it is a great idea to start a scrapbook with all of your choices for your renovation so you can be clear with your renovator on exactly what you want to include," adds Pettipas. "Taking these steps will be well worth it in the

Before you start

- These are a few of the items that will be covered at the NSHBA's Before you Renovate consumer seminar taking place Oct. 28 at the Holiday Inn Harbourview in Dartmouth from 7 to 10 pm.
- This is a complimentary seminar, but pre-registration is mandatory. Call 450-5554 or email nshba@nshba.ns.ca to reserve a spot.



Tempt your tastebuds at Turkish kebap house



Newly expanded space still has old favourites, from Borek to lamb

VALERIE MANSOUR

LUNCH RUSH

FOOD@METRONEWS.CA



It's hard to decide what to order at Turkish Delight. everything on the menu

is tempting.

There are appetizers such as Homemade Lentil Soup, Borek (phyllo pastry with spinach, onion and lemon), as well as eggplant and rolled grape leaves. Main courses include several chicken, lamb, beef and vegetarian dishes.

We decide to share the day's special, which is a beautifully presented lamb dish — a generous pile of lamb, marinated with garlic and herbs, served on pita.

The accompanying rice cooked with browned vermicelli noodles. There are two sauces
— one based on yogurt and the other on red pepper. It's a delicious meal and there's enough for two. We also share a tasty dessert – freshly made, rich and moist coconut cake. The decor is lovely and the space has recently been expanded — more Delight is a very good thing indeed.

- Turkish Delight Meze & Kebap House
- 5680 Spring Garden Road
- 446-4366
- Hours of Operation: Sun -Thurs 11 a.m. to 9 p.m., Fri - Sat 11 a.m. to 10 p.m. Rating: ****
 - Price range: \$\$

Licensed: No



Ingredients:

- 2 onions, chopped
- 1 garlic clove, minced
- 15 ml (1 tbsp) olive oil
 2 ml (1/2 tsp) ginger
- 2 ml (1/2 tsp) paprika
- 2 ml (1/2 tsp) turmeric
- 1.125 l (4 1/2 cups) beef stock
- 1 can (796 ml/28 oz) tomatoes, chopped
- 175 ml (3/4 cup) pearl
- barley 1 can (540 ml/19 oz)
- lentils, drained 1 can (540 ml/19 oz)
- chickpeas, drained • 50 ml (1/4 cup) chopped
- fresh basil or 15 ml (1 tbsp) dried
- · salt and pepper, to taste

Barley and Lentil Soup Preparation:

This soup makes a warming lunchtime treat for brown baggers.

- In a soup pot, saute onions and garlic in oil. Stir in ginger, paprika and turmeric and cook for 1 minute.
- Stir in beef stock, tomatoes and barley; bring to a boil and simmer for 30 minutes.
- Add remaining ingredients and simmer for about 15 minutes. Makes 6 servings. THE CANADIAN PRESS

Spook-tacular treats

Pumpkin Cupcakes Preparation:

These spicy morsels will be the hit of your Halloween party. To save time, use purchased frosting instead of homemade. You'll find everything you need to decorate your cupcakes, such as candies and sprinkles, at your local bulk food store.

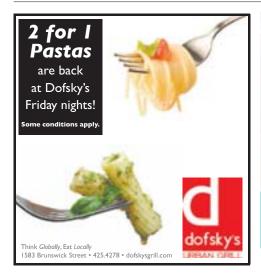
In a large bowl, using an electric mixer, beat together butter and sugar until fluffy. Beat in egg, pumpkin, milk and

- In a small bowl, whisk together flour, baking powder, cinnamon, bakina soda, ainaer. nutmeg, cloves and salt. Add to pumpkin mixture, beating until smooth.
- Spoon into paper-lined or greased muffin cups, filling 3/4 full. Bake in a 180 C (350 F) oven for 25 to 30 minutes or until top feels firm and knife comes out clean. Cool completely on rack. Frost and decorate as desired. Makes 12 cupcakes. THE CANADIAN PRESS

Ingredients:

- 50 ml (1/4 cup) butter, softened
- 150 ml (2/3 cup) sugar
- 1 egg • 150 ml (2/3 cup) pumpkin
- puree
- 50 ml (1/4 cup) milk • 5 ml (1 tsp) vanilla
- 300 ml (1 1/4 cups) allpurpose flour
- 5 ml (1 tsp) each baking powder and cinnamon
- 2 ml (1/2 tsp) each baking soda, ground ginger and nutmea
- 1 ml (1/4 tsp) each ground





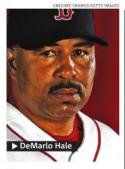


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Jays down to three managerial candidates: Reports

The Toronto Blue Jays may have moved another step closer toward naming a new manager, with reports out of Boston indicating they were down to three candidates.

Bench coach DeMarlo
Hale and pitching coach
John Farrell, both of the
Red Sox, and Cleveland first
base coach Sandy Alomar
Jr., are the remaining finalists to replace Cito Gaston,
according to Comcast
SportsNet New England.
Other Boston-area outlets
later reported the same
thing.

But multiple sources with knowledge of the process could not confirm that, with conflicting views of whether Blue Jays third base coach Brian Butterfield has been eliminated or not.

The status of Los Angeles Angels bench coach Ron Roenicke, San Diego Padres bench coach Rick Renteria and Philadelphia Phillies bench coach Pete Mackanin could also not be confirmed.

One person definitely out of the running is Blue Jays bench coach Nick Ley va, who said yesterday he was recently "eliminated" by general manager Alex Anthopoulos.

Leyva added that he's hoping whoever ends up the new manager will consider him for his staff.

"I've been a manager, I've been an infield guy, I've been a bench guy, I can do a lot of things," Leyva said in a brief interview. "With my versatility and knowledge of the organization I can help whoever the new guy is,

"But I understand that any new guy will want to surround himself with his own people."

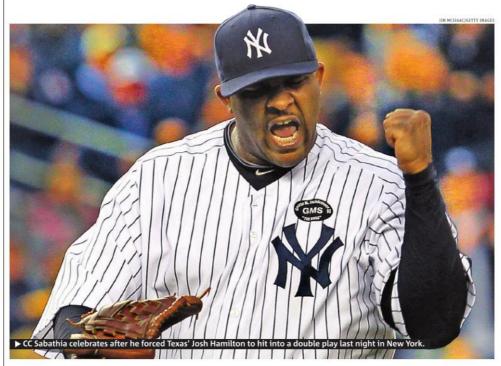
One source suggested a new manager could be cho sen by week's end in order to give him time to assemble a coaching staff in time for a possible

announcement next week.

THE CANADIAN PRESS

Yankees keep season alive

Sabathia's pitching, early home runs lift New York to win over Rangers
 Next game is tomorrow night, as Texas heads home with a 3-2 lead



CC Sabathia pitched like a champion, and the New York Yankees are heading for Texas. A whole lot better than heading home.

Nick Swisher and Robinson Cano hit consecutive homers to build an early cushion, Sabathia made the lead stand up and the Yankees avoided elimination, beating the Rangers 7-2 yesterday and closing within 3-2 in the AL championship series.

A late-arriving crowd for the late-afternoon game wondered whether this would be it for the defending World Series



champs after Texas outscored them 25-5 while winning three in a row. But Sabathia bounced back from an erratic opener, staying away from too much trouble against Josh Hamilton and Texas' big bats. Rangers slugger Nelson Cruz made an early exit with hamstring trouble, a day after Yankees star Mark Teixeira was lost for the post-season with a hamstring injury.

Curtis Granderson added an eighth-inning homer for New York, his second RBI of the game.

Now the teams will go deep in the heart of Texas to decide the pennant in the best-of-seven series.

When they resume tomorrow night in Arlington for Game 6, Phil Hughes starts for the Yankees against Colby Lewis in a rematch of Game 2, won by the Rangers 7-2.

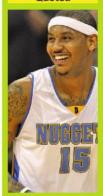
In the 50th anniversary of a franchise that has never reached the World Series, Texas remains one win away.

To get past the Rangers, the Yankees will eventually have to solve post-season star Cliff Lee, who would start a Game 7 against Andy Pettitte.

HE ASSOCIATED PRESS

sports

Quoted

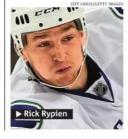


"I'm still able to wake up in the morning, smile, come here, laugh and joke with my teammates, play basketball and compete.
That stuff doesn't bother me."

NUGGETS STAR
CARMELO ANTHONY
ON THE TRADE RUMOURS
THAT SURROUND HIM. THE
LATEST HAVE HIM HEADED
TO THE KNICKS OR BULLS.

"I'm too focused in on this season right now to let rumours or anything like that come in and take over."

Rypien suspended for grabbing fan



Vancouver Canucks forward Rick Rypien has been suspended indefinitely for grabbing a fan on Tuesday night.

The incident happened while Rypien was on the way to the visiting dressing room in Minnesota after being assessed a double minor for roughing, and a 10-minute misconduct.

On his way down the tunnel, Rypien pushed a Wild fan who was applauding at the railing. He was quickly pulled away by teammate Manny Malhotra and the fan was removed from the area.

Rypien will have a hearing with NHL disciplinarian Colin Campbell before the length of his suspension will be determined. Players can only be suspended for five games or more if they are summoned for an inperson hearing, although that does not necessarily mean they will be banned for that long.

The league will have no official comment until the matter is resolved.

THE CANADIAN PRESS



Crackdown on hard hits leaves players uncertain

Ray Lewis is worried about what's happening to his sport.

Baltimore line-The backer who epitomizes hard hits in the NFL fears that the league is stripping away the inherent violence and "the game will be diluted very quickly."

"My opinion is play the game like that game is supposed to be played, and whatever happens happens," Lewis said yesterday about the NFL's decision to crack down on dangerous and flagrant

The NFL imposed huge fines on three players — Pittsburgh's James Harrison, Atlanta's Dunta Robinson and New England's Brandon Meriweather — for illegal hits last weekend, although none of those plays drew penalties on the field. It warned that, starting with this week's games, violent conduct will be cause for suspension.

Arizona Cardinals linebacker Joey Porter was "It's not even football anymore. We should just go out there and play two-hand touch Sunday if we can't make contact.'

BEARS CORNERBACK CHARLES TILLMAN

clearly perplexed by the de-

"There's no more hitting hard. That's what our game is about. It's a gladiator sport," Porter said. "I mean, the whole excitement of people getting hit hard, big plays happening, stuff like that.

"Just watch — the game is going to change."

Violence has always been a part of the NFL, bringing soaring TV ratings and strong attendance.

The question is how much to allow.

"Physical, tough football is what people are attracted to," said Ray Anderson, the NFL's executive vice-president of football operations. "Violent, unnecessary hits that put people at risk, not just for the careers but lives we're not subscribing to the notion fans want that."

Commissioner Roger Goodell told the teams that "further action is required to emphasize the importance of teaching safe and controlled techniques and of playing within the rules."

"It is incumbent on all of us to support the rules we have in place to protect players," he said.

But some players think the league is asking for something much more difficult: Complete changes in playing style — changes that fans don't want to see.

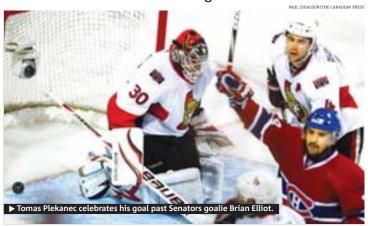
Miami linebacker Channing Crowder said the only way of preventing helmet-to-helmet hits is to eliminate the helmet.

"If I get a chance to knock somebody out, I'm going to knock them out going to knock them and take what they give "Crowder said. "They give me a helmet, I'm going to use it

THE ASSOCIATED PRESS

GM pondering Sens shakeup

Bryan Murray says he's considering making a move as Ottawa remains stuck in league's basement



With his Ottawa Senators sitting dead last in the NHL, Bryan Murray is prepared to shake things up.

The general manager of the 1-4-1 Sens told re-porters yesterday that he's considering making move.

"It's up to all of us (to improve things), this is a team," Murray said. "It's not the coaches or players only, it's me doing anything I can.

"I've talked to a number of people," Murray added.
"I talked to (Minnesota
Wild general manager)
Chuck Fletcher for a long time yesterday and said, 'Can I help you, you help me' type of thing, so we're talking to management of other teams, trying to find if there is a need and a possibility of making a move."

Murray acknowledged a trade isn't always the answer, but even just the pos-

"We have to play with a lot more sense of

urgency. In panic nothing positive comes from that, but urgency we can turn that into a positive."

HEAD COACH CORY CLOUSTON

sibility of change can send a message to players.

The GM was brutally honest in his assessment of the Senators' performance so far this season.

"We're not moving the puck up from the back end, we're not defending very well and we're giving up far too many chances,' said Murray. "I just think we turn the puck over in

our own end and haven't battled defensively the way we should and the way we're capable of doing in my own opinion. The result is we're scrambling for the puck too often."

The Senators' problems on defence have been glaring and once again Murray was blunt in his opinion of his blue-liners.

"I can't say that one of our D (defencemen) have played to where I thought they were going to be," said Murray, who pointed out that Chris Phillips needs to be better and that Erik Karlsson has fallen far short of expectations, say-ing he has "struggled big time."

The Senators' road doesn't get any easier as they face Northeast Division opponents in Buffalo and Montreal tomorrow and on Saturday, respectively.
THE CANADIAN PRESS



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Technical difficulties ahead?



Jack predicts some players may have trouble adjusting to new rules • Crackdown aimed at cutting down on unsportsmanlike conduct

More reaction

How others are responding to the NBA's crackdown on unsportsmanlike conduct.

- The NBA players' association is planning legal action against the league's changes, saying the players weren't consulted beforehand.
- Raptors head coach Jay Triano said with the preseason still not complete it's too early to tell whether the changes have had a positive effect. "I think that the players, you can see them sometimes get caught in the natural emotion of the game and they're getting slapped with technicals," he said. think that the learning curve is going to have to be steep or it's going to be expensive"

Raptors guard Jarrett Jack agrees something needed to be done to harness the excessive complaining that some players showed towards NBA officials last season.

However, he thinks it will take time for the players — especially those who don't usually go overboard — to get used to the adjustments the league has made to combat the problem.

"Allow us to react, you know what I mean?" Jack said after shootaround vesterday at the Air Canada

"Nobody's going to just sit there expressionless, emotionless, that's a robot. And none of us are that."

The NBA made several changes to the list of unsportsmanlike actions that will be punishable in an effort to create more respect on court. The crackdown covers a broad range of

YARDSALES

complaints, from players punching the air to showing up an official.

As a result, expect to see a jump in technical fouls as players and officials get a feel for things. Also expect some confusion as to what action rates a call and what

Players also have to make sure they're not too demonstrative since it can lead to a technical.

"I'm trying the best I can," Jack said. "I think I've got two technicals so far. The NBA has the right to really upgrade their product as far as our image is concerned. But in the same sense we don't want to take away the emotions of the game, I don't think.

"We're still human at the end of the day."

Players will be fined \$2,000 US — twice as much as last season — for each of their first five technical fouls. Penalties will get harsher after that.

Jack said it will take time for everyone involved to get comfortable, especially with how they control their genuine reactions on court.

"I think if they just give us some leeway, I'm sure as the season goes along there will be some leniency with the technical fouls," Jack said. "But as of right now, you've got to crack the whip and let everybody fall in line."

lack felt some players went too far last year with their complaints.

"Some guys did get out of hand and kind of made a mockery in the sense of the officials and of the game," he said. "So do I think it was necessary in a sense? Yes, for some guys. But I don't think you should crack down on everybody for those few individuals." THE CANADIAN PRESS

United won't spend, so I want out: Rooney

Wayne Rooney blamed Manchester United's failure to spend heavily on strengthening its squad for his decision to refuse to sign a new contract with the 18-time English cham-

England striker The stunned United last week by telling chief executive David Gill that he wanted to leave because of con-cerns about the club's lack of ambition in the transfer

Manager Sir Alex Ferguson made Rooney's decision publicly known on Tuesday while still giving the 24-year-old forward the option to stay at Old Trafford.

But Rooney seems intent on leaving after issuing a public denunciation of the club's transfer activities on Tuesday.

"I met with David Gill last week and he did not give me any of the assurances I was seeking about the future squad," Rooney said yesterday in a statement.

"Despite recent difficulties, I know I will always owe Sir Alex Ferguson a huge debt."

"I then told him that I would not be signing a new contract. I was interested to hear what Sir Alex had to say yesterday and surprised by some of it.

"It is absolutely true, as he said, that my agent and I have had a number of meetings with the club about a new contract. During those meetings in August I asked for assurances about the continued ability of the club to attract the top players in the world."

Roonev has won three Premier League titles and the Champions League once since joining United in 2004 from boyhood club Everton for 25.6 million pounds (then about \$40

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Crossword

- 1 Slender nail 5 Blond shade 8 Police action 12 Doily material
- 13 "7 Faces of Dr. -14 Grooving on

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37

- 15 Shrek, e.a.
- 16 Commotion
- 17 Morse morsel
- 18 Paging device 20 Let gravity take over
- 22 Game show hosted by Steve Har-
- 26 Board meeting
- prop 29 Payable
- 30 Hit the slopes
- 31 Tax
- 32 Edge 33 Goblet feature
- 34 Prior to
- 35 Egg yung 36 No longer fashion-
- 37 Michael J. Fox sit-
- 40 Novelist Seton
- 41 "Step on it!" 45 Throw hard
- 47 Writer Deighton
- 49 Tittle
- 50 Met melody
- 51 A pair
- 52 Cheese choice 53 Rodents do it
- 54 Nevertheless
- 55 Colonial sewer

1 Amorphous mass

- 2 Anger 3 Farm fraction
- 4 Cook onion rings maybe 5 More than just star-
- 6 Blue
- 7 Thug 8 Done with, once
- 9 Poetic feet
- 10 Part of TGIE
- 11 Play- -19 Dine
- 21 "Catcher in the —"
- 23 Fool 24 String instruments
- 25 It ain't worth a

26 Staff leader? 27 Zeus' sister

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1:-

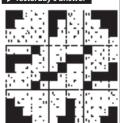
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(1)

- 28 Rosary recital
- 32 Kings and queens
- 33 More impertinent 35 Aviate
- 36 Shell game prop 38 Acquired relative
- 39 Otherwise
- 42 list 43 Hellenic H's
- 44 St. Louis team 45 Crone
- 46 Grecian vessel 48 Lamb's dam

► Yesterday's answer



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

						5	2	
2		4	5	7				
			4	2				8
	3	5					1	6
8								2
9	1					4	7	
4				3	6			
				8	9	3		5
	9	7						

Friday

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Today

Yesterday's answer ▶

12"/5"

Showers

7	6	2	9	5	4	3	8	1
5	8	3	2	1	6	7	4	9
4	9	1	7	3	8	2	5	6
9	7	5	8	4	3	6	1	2
1	4	8	6	7	2	5	9	3
2	3	6	1	9	5	4	7	8
3	5	9	4	2	1	8	6	7
8	2	7	5	6	9	1	3	4
6	1	4	3	8	7	9	2	5

9"/3"

40N

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Show some love! Send a note to somebody special at kiss@metronews.ca

My Love Izy! Just wanted to let you know that you are always in my thoughts and my heart! You are my best friend, confident and the love of my life! You are my happily ever after. LOVE MCP

Burrito Gina pie. I wuv u so much my little shmoopie bear. It took me 2 months to gather the courage to poke u on facebook and I $haven't\ regretted\ it\ since.$ XOXO. UR LITTLE STRAWBERRY

Dearest BFF, great marathon time! I am super proud. Can't wait for our . San Fran reunion. XoX. YOUR BFF

To my lovely prister! I love you so much honey. I knew from day one we would be lumpy lovekins. I hope you have a splendid day. Love yours truly,

to your smartphone

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Today's horoscope

T Aries March 21-April 20 You may try to hide the truth from the world today but it's highly unlikely you will succeed. You will do or say something that lets the cat out of the bag.

¥ Taurus April 21-May 21 Why do you feel you have some-

thing to prove? Whatever the reason you'll go out of your way over the next 24 hours to convince people to take you seriously. Don't push too hard though or they may dislike you.

II Gemini May 22-June 21 You may feel superior to most other people, and no doubt with good reason, but don't make an issue of it or you will

turn them off - worse, they may turn against you. Not evervone can be a Gemini

Gancer June 22-July 22 Steer clear of issues that do not really concern you. The planets warn you are liable to misjudge things quite badly, which won't do much for your reputation.

very close to making a success of something you nearly gave up on just a short time ago. Stick with it a little bit longer and you will be able to celebrate a remarkable success.

right mental attitude always attracts the right opportunities, your work and business affairs.

MP Virgo Aug. 24- Sept. 22 The both in your personal life and in so strive to stay positive and expect good things to come your way — and they will.

 ← Libra Sept. 23-Oct. 23 Others will talk you up and make you out to be something you are not today. It's nice to be flattered but you know it could backfire on you if you fail to live up to expectations.

M Scorpio Oct. 24-Nov. 22 YOU can make even the most difficult tasks look easy, but don't get carried away and claim you can do things that are way beyond your powers. Someone is likely to call your bluff.

Nov. 23-Dec. 21 Some people you know you can trust and some people you have your doubts about but you are advised to keep those doubts to yourself today or you could end up offending someone important.

り Capricorn Dec. 22-Jan. 20 Everything seems to be going

well for you now but don't fall into the trap of thinking that you can ease off a bit. You must remain focused on your

Aquarius Jan. 21-Feb. 18 Short-term changes may be painful but in the long-term they will pay for themselves many times over, and if you keep that thought in mind you will find disruptions and upheavals much easier to deal

H Pisces Feb. 19-March 20 The odds against you may seem overwhelming but you'll find a way to win the game. Passion is the key.

SALLY BROMPTON



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